

PALM SIZE CHARTS

PFDs

	Junior		Youth		XXXS/XXS		XXS/XS	
Chest	24-28"	60-70cm	28-31"	70-80cm	28-31"	70-80cm	28-31"	70-80cm
Weight	33-55lbs	15-25kg	55-88lbs	25-40kg	55-88lbs	25-40kg	55-88lbs	25-40kg

	XS		XS/S		S/M		M/L		L/XL		XL/XXL		XXL	
Chest	31-34"	79-86cm	30-36"	75-90cm	34-40"	86-102cm	36-43"	90-110cm	40-46"	102-117cm	43-53"	110-135cm	46-53"	117-135cm
Weight	66-88lbs	30-40kg	66-132lbs	30-60kg	88-132lbs	40-60kg	>154lbs	>70kg	>154lbs	>70kg	>154lbs	>70kg	>154lbs	>70kg

Men's Jackets, Pants and Immersion Suits

	XS		S		M		L		XL		XXL	
Chest	32-34"	81-86cm	35-38"	91-97cm	39-41"	99-104cm	42-44"	107-112cm	45-46"	114-117cm	47-48"	119-122cm
Waist	26-29"	66-74cm	30-32"	76-82cm	33-35"	84-89cm	36-38"	91-97cm	39-40"	99-102cm	41-42"	104-107cm
Inside Leg	28"	71cm	29"	74cm	30"	79cm	32"	79cm	33"	81cm	34"	83cm
UK	32		34		36-38		40-42		44		46	
Europe	42		44		46-48		50-52		54		56	

Women's Jackets, Pants and Immersion Suits

	XS		S		M		L		XL	
Bust	32-33"	81-84cm	34-35"	86-89cm	36-37"	92-94cm	38-40"	97-102cm	40-42"	102-107cm
Waist	24-25"	61-64cm	26-28"	66-71cm	28-30"	71-76cm	31-33"	76-81cm	33-35"	84-89cm
Hips	34-35"	86-89cm	36-37"	92-94cm	38-39"	97-99cm	40-41"	104-107cm	42-43"	107-110cm
Inside Leg	26"	71cm	27-29"	69-74cm	29-31"	74-79cm	31-33"	81cm	32-34"	82-87cm
UK	8		8-10		10-12		12-14		14-16	
Europe	36		38-40		40-42		42-44		46-48	

Men's Wetsuits

	XS		S		S/M		M		M/L		L		XL		XXL	
Height	5'2"-5'3"	158-160cm	5'4"-5'6"	160-168cm	5'6"-5'8"	168-173cm	5'8"	173cm	5'9"	175cm	5'10"	178cm	6'-6"2"	183-188cm	6'2"-6'4"	188-193cm
Chest	32-34"	81-86cm	34-36"	86-91cm	36-38"	91-97cm	38-40"	97-102cm	40-42"	102-107cm	42-44"	107-112cm	44-46"	112-117cm	46-48"	117-122cm
Waist	26-27"	66-69cm	27-29"	69-74cm	29-31"	74-79cm	31-32"	79-81cm	32-33"	81-84cm	33-35"	84-89cm	35-37"	89-94cm	37-39"	94-99cm
UK	32		34		34-36		36-38		38-40		40-42		44		46	
Europe	42		44		44-46		46-48		48-50		50-52		54		56	

Women's Wetsuits

	8		10		12		14		16	
Height	5'-5"2"	152-157cm	5'2"-5'4"	157-163cm	5'4"-5'6"	163-168cm	5'6"-5'7"	168-170"	5'7"-5'8"	170-173cm
Chest	32-33"	81-84cm	34-35"	86-89cm	36-37"	92-94cm	38-40"	97-102"	40-42"	102-107cm
Waist	24-26"	61-66cm	26-28"	66-71cm	28-30"	71-76cm	31-33"	79-84"	33-35"	84-89cm
Hips	34-35"	87-89cm	36-37"	92-94cm	38-39"	97-99cm	40-41"	102-105"	42-43"	107-110cm
Europe	36		38		40		42		44	

Junior Wetsuits

	S (5-6yrs)		M (7-8yrs)		L (9-10yrs)		XL (11-12yrs)		XXL (13-14yrs)	
Height	4'	122cm	4'4"	132cm	4'8"	142cm	5'	152cm	5'4"	162cm
Chest	24"	61cm	26"	66cm	28"	71cm	30"	76cm	32"	81cm
Waist	19"	48cm	21"	53cm	23"	58cm	25"	63cm	27"	68cm
Inside Leg	18"	46cm	21"	53cm	24"	61cm	27"	68cm	27"	68cm

Footwear

	XS	S	M	L	XL	XXL
UK	4	5 / 6	7 / 8	9 / 10	11 / 12	13
US	5	6 / 7	8 / 9	10 / 11	12 / 13	14
Europe	36	38 / 39	40 / 42	43 / 44	46 / 47	48